



# ANNUAL REPORT

**2020- 2021**

Prepared by  
Doctors For You Team

[www.doctorsforyou.org](http://www.doctorsforyou.org)



# MESSAGE FROM FOUNDER

The last 15 months have been exhausting and unfortunate on the world, with a number of people being infected with and succumbing to the Coronavirus. This pandemic has been very harsh on all of us, but amidst the critical situation all around, Doctors For you (DFY) stood strong for everyone. DFY has always been responsive to all kinds of disasters and emergencies, be it the Kokrajhar violence, Nepal Earthquake, Bihar Floods, or the Kerala Floods. COVID-19 pandemic has given us the opportunity to serve the nation as we took the challenge as a way to prove ourselves by doing the needful for the affected community.

In tough times like these, where everybody ended up questioning and blaming the system for the failure and crisis of Health Care Services in India, DFY instead of being a part of the blame game, came forward and joined hands to reduce the burden on different state governments and strengthened them. DFY is currently managing a number of hospitals along with the state governments and is also actively donating needful resources such as Oxygen cylinders, ECG machines, ventilators, PSA Based Oxygen plants, BP apparatus, Pulse oximeters, etc. wherever required. We are also extending our support to the medical staff by donating PPE Kits and consumables through our 'Protect the Protectors' campaign.

DFY is currently running over 38 dedicated COVID19 Hospitals pan India. We have so far treated over 42,000 COVID19 patients and the nm: still rising. Along with treating patients, We are also running Vaccination Centers (>80

teams on the ground until mid-June) and till date, we have vaccinated over 30,000 people. Scaling up the vaccination drive is the only way forward to recover our economy and reduce mortality due to COVID19.

Considering the number of people that are fully immunized with COVID19 is still very less, the third wave seems inevitable and it can hit India by October-November 2021. DFY is already preparing for the 3rd wave and as predicted by some experts, the 0-18 age group might get affected at large during the same. DFY is setting up well-equipped pediatric wards with child-friendly environments in different states. am very happy to see the way the DFY team has responded to this crisis and emerged as one of the most trusted and dependable humanitarian organizations for any health emergency across India. We currently have more than 1200 doctors, nurses and paramedical staff are on the field serving the nation.

We are able to do all this because of the prompt support provided by our donors and partners. ! would like to extend my deepest gratitude to all our funders, partners, well-wishers, employees, and other stakeholders for having trust in Doctors For You. We hope that you keep supporting and encouraging us to continue our work and improve the quality of health of all citizens.

Thank you all  
For the continued Support

Thanks & Rehards  
Dr. Ravikant singh



# MESSAGE FROM PRESIDENT

Chhattisgarh, Karnataka, Andhra Pradesh, and Tamil Nadu in collaboration with the respective state governments, During the second wave, we catered not only to mild but also to moderately affected individuals, with facilities of oxygen beds and high dependency units incorporated within the centers. Simultaneously, we started establishing vaccination clinics across the country.

Presently DFY is running 38 make-shift hospitals across the country, with a total of about 9000 beds. We are currently also running 85 vaccination centers, distributed across Delhi, UP, Haryana, Maharashtra, Jammu and Kashmir, Telangana, Kerala, Tamil Nadu, Karnataka, and Bihar and have vaccinated about half a million population so far. We are simultaneously working on strengthening medical infrastructure in PHCs, CHCs, and district hospitals by providing equipment in the form of oxygen concentrators, oxygen plants, ventilators, BiPAP machines, ambulances, X-ray machines, USG machines, CT scanners, and Lab equipment support.

I took over as the president of DFY from Dr. Ravikant Singh in 2017. It has been tough, but a very satisfying and humbling experience for me so far. | took upon me the task of reorganizing the organizational structure of DFY, strengthening individual task teams, and making the workings of the organization fully transparent to the donors. I am extremely proud of our team of doctors, nursing and paramedical staff, and administrative staff whose untiring efforts have made DFY reach such heights in a short time frame of 13 years since its inception.

We have had the support of many individuals and organizations who have generously supported our efforts throughout this period. | would like to especially mention and express my thank to corporate CSRs, fundraising groups, and lot of individual donors with special mention of HCL Foundation, Boeing India Private Limited, Azim Premji Foundation, Cll, Wipro, Walmart, Facebook, Give India, UNICEF & MSDF.

DOCTORS FOR YOU (DFY) has been at the frontline in managing the biggest ever crisis faced by the medical services in the country. We have been working for the cause since the beginning of the pandemic in March 2020. Our first initiative in this regard was to support the health care staff involved in COVID care by providing them with quality PPE kits, gloves, N-95 masks, face shields, shoe covers, sanitizers, and many other essentials through our programme - "Protect the Protectors". The essentials were supplied in bulk to more than 135 government hospitals across the country, including AIIMS (Delhi).

During the first wave of the pandemic, with our strong ground presence across many states, we could rapidly mobilize trained manpower in the form of young doctors, nurses, and para-medical staff to support an escalation of medical facilities in existing government settings.

As the need for beds grew further, we took up the challenge of converting banquet halls and stadiums into makeshift hospitals. Shehnai banquet hall, next to LNJP hospital, was the first one to be allotted to us for this purpose, wherein we instated a fully functional 100 bedded facility within a short span of five days. This was followed by a 500 bedded facility at the Commonwealth Village, a task completed within a matter of seven days. As the impact of first wave receded, DFY continued with recruitments and active training programmes for requisite manpower, in anticipation of a second wave. Simultaneously, we also started a campaign "Vaccine is better than a ventilator" to combat vaccine hesitancy among the lay public.

When the second wave hit the country, we promptly escalated our services and within a span of 15 days started more than 30 makeshift hospitals across Delhi, Haryana, UP, Bihar, Maharashtra

Thanks & Regards,  
Dr. Rajat Jain

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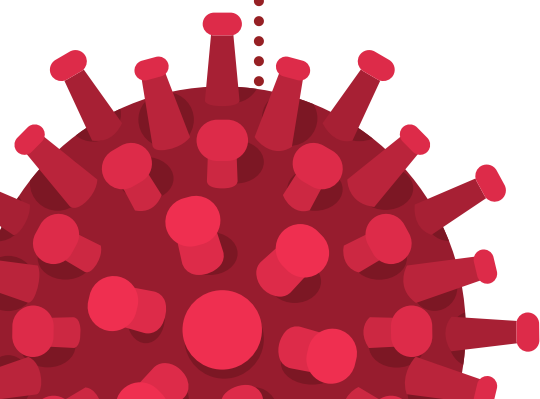
# ABOUT DOCTORS FOR YOU

Doctors For You (DFY) is a registered society, registered under the Societies Registration Act 1860 Section 21 having Registration no. F-56886(Mum).

DFY is PAN India humanitarian organization with an international presence and is working in various disaster-hit zones for the last 13 years focuses on providing medical care to vulnerable communities during crisis and non-crisis situations, emergency medical aid to people affected by natural disasters, conflicts, and epidemics. We are also committed to reducing disaster risk to human society by delivering training and capacity development in emergency preparedness and response. The work of DFY is guided by humanitarian principles of humanity, impartiality, and neutrality, It offers services and assistance to people based on need, irrespective of race, class, caste, religion, and gender.

Doctors for You was **founded in India in 2007**, by doctors, medical students, and like-minded people with a vision of “Health for all.” Currently, DFY is working on various projects in different states of India involving health professionals, Disaster Management Practitioners, Social Workers, and Administrative Staff.

**The organization received several awards viz. The SAARC Award (2010), The British Medical Journal Group Award (2009), Golden Ruby Award (2015), and recognition from State Governments for > its outstanding contribution to the humanitarian field.**





The functioning of Doctors For You is guided by a set of ethical values and guidelines. DFY functions on humanitarian principles of humanity, impartiality, and neutrality. It offers services and assistance to people based on need, irrespective of race, class, caste, religion and gender. The following are vision, mission and guiding principles of Doctors For You (DFY).

## **Mission**

"Health For All"

## **Vision**

Providing sustainable, equitable, effective, and efficient health care services to the most vulnerable individuals and communities.

## **PRINCIPLES**

- Rapid response
- Reaching the unreached
- Accountable to our Partners, Donors & Communities
- Community Participation in decision making
- Neutrality & Non-Political



# 2019 IN A GLANCE

## Cancer Screening

Incidence of cancers is on the rise and many of those cancers can be prevented by stronger public health action. While GOI has developed an operational framework for management of common cancers in 2016 in consultation with NCHADS and senior oncologists across India, only few southern Indian states are able to roll it out on ground. Most of the states are still not able to do much work on ground due to limited skills, capacity, leadership and resources to manage cancer screening, referral of suspected cases and treatment program. In an attempt to take this initiative further DFY started working on the ground in Assam and Rajasthan on cancer awareness, capacity building and screening program in 2018.



## Building of Medical Professionals on TB



Tuberculosis is one of the major public health problems in India. Tuberculosis leads to weight loss, wasting and worsening of nutritional status, in drug-resistant (DR) tuberculosis patients poor nutritional status can further delay the treatment outcomes. Nutritional support is an important component of patient-centered care and included in the new end-TB strategy. Doctors For You started this project to provide nutritional supplements in the form of dry rations to DR-TB patients across the states of Assam, Bihar, Madhya Pradesh, Gujarat and New Delhi. All patients taking treatment under DOTS plus regimen with RNTCP were enrolled in the project. The target of the project was to supplement at least half of energy requirement and 2/3rd of protein requirement during the first 6 months of treatment.

## Nutrition

Malnutrition among children below 5 years of age is a major health problem in the M East ward of Mumbai. The malnutrition prevalence ranges from 16% to 59.8% in this area. The government sources confirm that at least a quarter of children below six years in the city weighed at anganwadis are underweight. In Sathenagar of Mankhurd, the undernutrition percent is 41.67 while in Rafiq Nagar of Govandri it is 59.8% (Severe Acute Malnutrition "SAM" 22.2% and Moderate Acute Malnutrition "MAM" 37.6%). Diarrhoea and pneumonia account for approximately half the under-five deaths in India, and malnutrition is believed to contribute to 61% of diarrhoea deaths and 53% of pneumonia deaths.



## Emergency Response and Disaster Risk Reduction



Doctors For You (DFY) is committed to responding rapidly and efficiently to the humanitarian need of people affected by natural disasters or conflicts. The goal of the organization is to help people access essential health care services. During a disaster or acute emergencies, when access to medical facilities and health care services are at risk or disrupted, DFY ensures the continuation of essential health services to displaced or affected populations in camps and other settings by providing preventive and curative health services.

DFY is involved in building a rapid emergency medical response team for the acute emergency phase of disasters and complex emergencies. In 2018 after the devastating floods in Kerala DFY responded with its biggest team ever working across six districts.

# 1. Covid-19 Response in India

COVID-19 has emerged as a global pandemic affecting almost the entire globe. This has tested public health preparedness to the optimum level even in developed countries that are still struggling to deal with the situation. In India as of 11th May 2021, there were 29274823 cases of COVID-19 reported. The COVID-19 has created fear and made us realize how bad this can turn out to be for the poorest, for those who will lose their livelihood, or those who wouldn't know what to do to save themselves when the virus has reached someone close to them. It has also put additional strain on the already challenged healthcare system.

Approach and activities for response by Doctors For You (DFY):

## Trace and Test

## Treat

## Health System Strengthening

### Screening and Testing:

### COVID-19 Isolation and Treatment Centre

### Supporting District Administration:

- Screening of suspected cases in slum areas and migrant labourers through Mobile Medical Units (MMU's) in Vijayawada, Delhi, Haryana, Mumbai, Bangalore, etc
- Counseling of suspected cases
- Referral of symptomatic cases for testing

### Community Level Activities:

- Community-level awareness through audio awareness van
- Increase accessibility of prevention materials and ration kit distribution in selected locations

- Supporting two 100 bedded isolation and treatment center at Urban Health Centre in M East Ward and H Ward of Mumbai in association with MCGM
- 50 bedded isolation and treatment center for at Vistex Hospital Patna and 100-bed facility in Pataliputra sports complex, Patna targeting rural communities in association with District Health Society
- Supporting and management of two 50 bedded isolation and treatment in Vijaywada and Krishna district, Andhra Pradesh
- 100 bedded COVID care centre in LNJP Hospital extended centre, Delhi
- Support to LNJP Hospital, Delhi through staff deployment; by providing one ambulance, television sets, computers, and laptops for managing corona patients
- 500 bedded COVID care centre in Commonwealth Games Village
- 17 health facilities with a capacity between 30 beds and 150 bedded Tertiary Care Centre COVID Hospital in Karnataka

- DFY is helping district administration in Mumbai and Wayanad districts etc. with volunteers and HR support

### OPD Services

- Regular routine healthcare services for slum population and rural areas of Mumbai and Patna respectively

### Training and Capacity Building:

- Online training of Health care professionals at regular intervals on COVID-19 management and prevention
- Donation of Equipment - ventilators, OC's, Oxygen Plants, etc

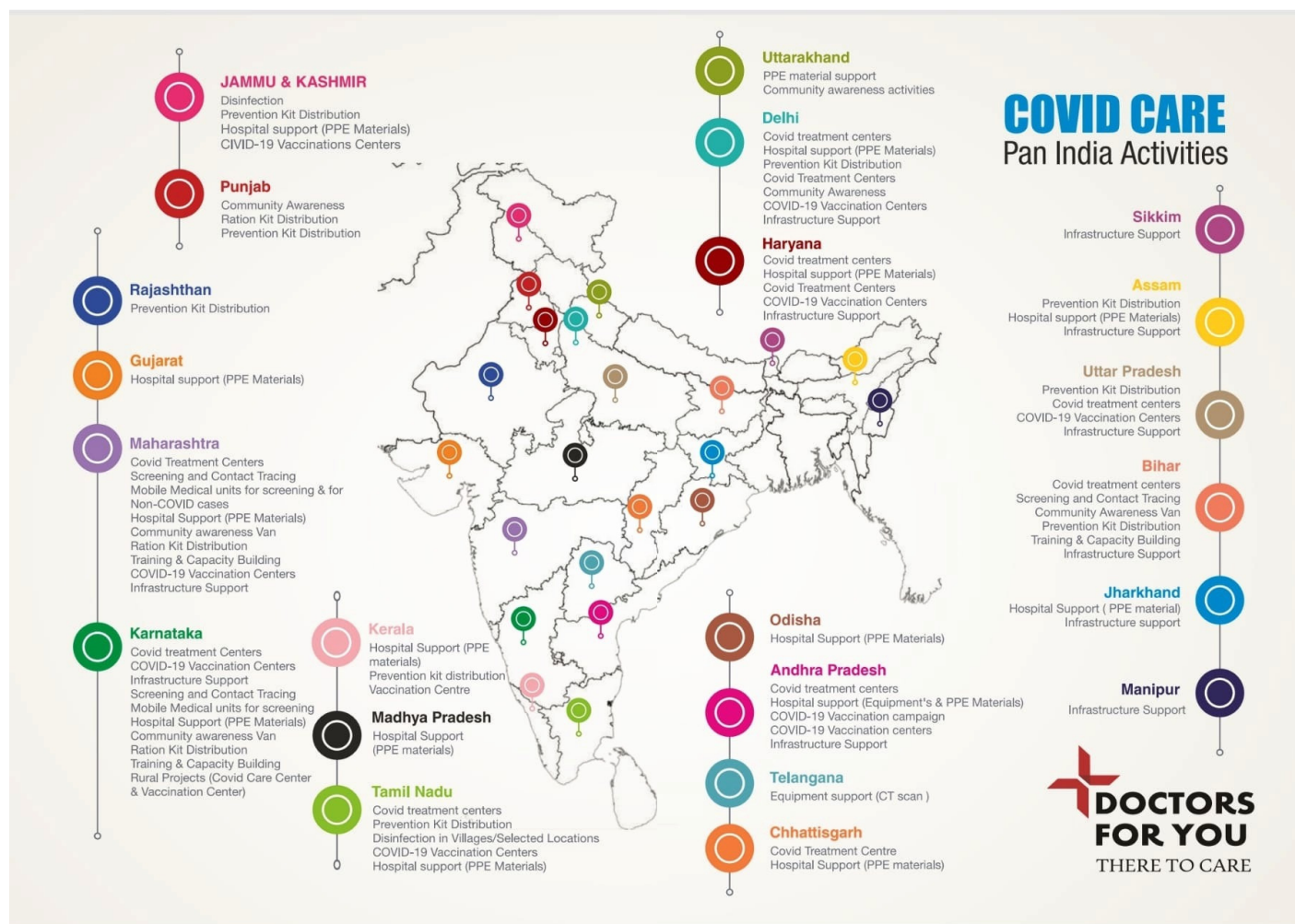
### Protect the Protector Campaign

- Providing PPE materials to hospitals for healthcare workers like Body Cover, Mask, Eye Glass, Gloves, Shoe covers, etc.

### COVID-19 Vaccination Centres



# Covid Care Pan India Activities



# Covid19 Isolation and Treatment Program

Given the surge in Covid cases across India, citizens began to panic as the public health infrastructure was overburdened and prepared to lead to a shortage of oxygen supply, beds with ventilators, essential medicines, and this lack of resources and mismanagement gave rise to widespread fear and anxiety amongst masses leading to increased morbidity and mortality

To alleviate further suffering and to prevent more deaths, DFY played a major role in delivering healthcare services to vulnerable communities and providing capacity-building training, emergency medical aid to the people affected by natural disasters, conflicts, and epidemics.

Amidst the Covid-19 Pandemic, Doctors For You (DFY) emerged as one of the biggest humanitarian organization working for public health in India. With many campaigns going on in different states, DFY was able to distribute its resources, educate people regarding the virus and uplift the underprivileged class, especially in the rural areas. It was at this crucial point that, DFY partnered with state governments, District Disaster Management Authorities and Corporate Donors to arrange for required resources such as PPE kits, Oximeters, beds with Ventilators, life-saving medicines, oxygen concentrators, setting up of oxygen plants, etc and managed to save thousands of lives by converting hospitals into Dedicated Covid Care Centers (DCHCs) or by making makeshift Covid Care Centers (CCCs) in many states of India.



The organisation has worked and provided relief services in Jammu & Kashmir, Punjab, Haryana, Delhi, Gujarat, Rajashtan, Uttarakhand, Uttar Pradesh, Madhya Pradesh, Chhattishgarh, Bihar, Assam, Maharashtra, Odhisa, Andhra Pradesh, Sikkim, Manipur , Karnataka, Tamil Nadu, Kerala etc.

**A team of doctors and nurses were initially trained and equipped to manage Covid-19 and its associated complications. Over time, a series of multiple sessions were organized by specialists to help doctors learn how to manage other emergencies which might occur in Covid wards like MI, seizures, DKA etc..**



# Covid19 Isolation and Treatment Program



**100 bedded COVID Care Centre and Doctors For You team at Shehnai Banquet Hall, LNJP Extension Centre for COVID**



**Health check-up of COVID-19 patient in Shivaji Nagar UHC, Mumbai**

## Special Yoga sessions and recreational activities for patients inside 500 bedded COVID Care Centre in Common Wealth Games Village



## Key Activities

- Set up, manage, and operate 38 Covid19 Beds with 9500 plus beds across Delhi, Haryana, UP, Bihar, Chhattisgarh, Tamil Nadu, Karnataka, and Maharashtra.
- Supporting Hospital through staff deployment; by providing one ambulance, television sets, computers, and laptops, child-friendly isolation wards, etc. for managing corona patients



# Inauguration of COVID-19 Treatment Centres



Haryana Honorable Chief Minister Shri Manohar Lal Khattar inaugurated all three COVID Care Centre, Gurugram



Inauguration of 150 bedded Tertiary Care Centre COVID Hospital (Bangalore) by Honourable Chief Minister B. S.



Inauguration of 150 bedded Tertiary Care Centre COVID Hospital (Bangalore) by Honourable Chief Minister B. S.



COVID Centre at Common Wealth Games Village, Delhi

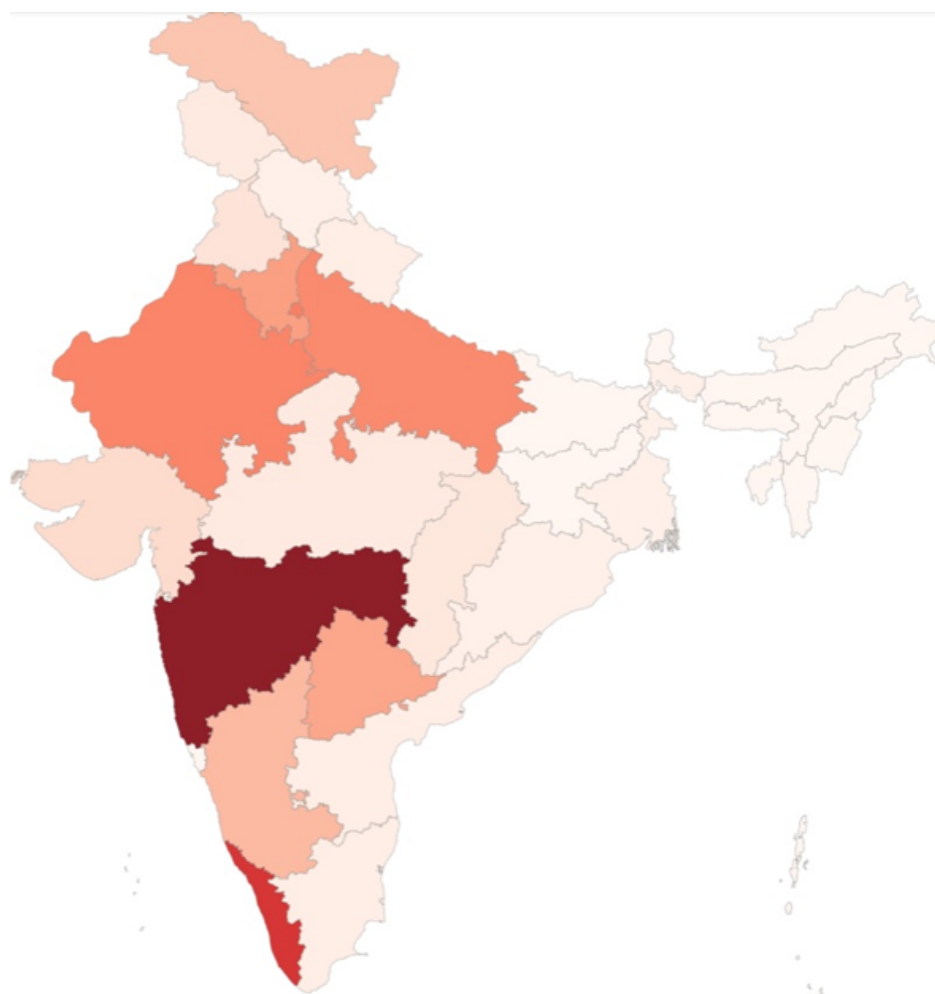


COVID Centre at Common Wealth Games Village, Delhi



Checking vitals of patient at Common Wealth Games Villages COVID Centre, Delhi

# Second Wave Response - COVID-19 Health centers/Hospitals Work Locations



## Delhi

65 HDU, 1100 Oxygen, 1475 Isolation Beds

- 1.L2 - Yamuna Sports Complex 800 beds
- 2.L2 - Common Wealth Games 600 Beds
- 3.L2 - Nirankari Ground 1000 beds
- 4.L2 - Shehnaï 120 beds
- 5.L2 - Rourse Avenue 120 beds

## Gurugram, Haryana

200 Oxygen Beds

- 1.L2 -M3M URBAN 200 beds
- 2.L2 - Sector 14 - 100 Beds
- 3.L2- Tau Devi Lal- 100 beds

## Noida, Uttar Pradesh

- 1.150 Oxygen Beds
- 2.L2 -GIMS 100 beds
- 3.L2 - Sector 21 -Shooting range 50 Beds

## Mumbai, Maharashtra

1. 140 Oxygen Beds, 460 Isolation
- 2.L2 -SRA Guest House 600 beds

## Patna, Bihar

5 ICU,20 HDU, 125 Oxygen Beds

- 1.L3 Vistex Hospital 50 beds
- 2.L2 - Patliputra Sports Complex 100 Beds

## Kanchipuram, Tamil Nadu

- 1.20 HDU, 230 Oxygen Beds
- 2.L2 Kanchipuram General hospital 250 beds

## Bangalore, Karnataka

98 ICU, 208 HDU, 540 Oxygen, 18 SARI,12 Triage and 553 Isolation

- 1.L3 - Anekal General Hospital 61 beds
- 2.L3 - KR puram General Hospital 52 Beds
- 3.L3 - Charaka Super Speciality 150 beds
- 4.L3 - Yelahanka General Hospital 48 beds
- 5.L3 - Jaynagar General Hospital - 33 beds
- 6.L3 - Yelahanka Modular Hospital - 120 Beds
- 7.L2 - Garden City Hospital - 60 Beds
- 8.L2 -HAL Madhepura - 178 Beds
- 9.L2 - HAL 2 - 50 Beds
- 10.L2 -RR nagar northeastern girls high school - 500 beds
- 11.L2 -Mangal Bharat Bhavan, Hebbal- 60 beds
- 12.L1 -Behind Woods, Anjanapura -50 beds
- 13.L1 - O Liva Residency- 50 beds
- 14.L1- Uttarali - 60 be

## Partial Support

1. Lok Nayak Hospital, Delhi 2000 Beds
2. Victoria Hospital, Bangalore, KA - 860 beds
3. Machilipatnam, Vijayawada , AP 350 Beds
4. Gudiwada, Vijayawada, AP 150 Beds
- 5.L3 (transitory) - RM Guttahalli, Seshadripuram
- 6.L3 (transitory) - WILSON GARDEN MATERNITY HOME
- 7.L3 (transitory) - AUDUGODI MATERNITY HOME
- 8.L3 (transitory) - AZADNAGAR MATERNITY HOME



1100 Staff



9635 Beds



38 Hospitals/Centers





## Vaccination: COVID-19

After carefully monitoring the intermittent rise and spread of multiple waves of COVID-19 the World Health Organisation (WHO) contended that countries must roll out large-scale vaccination programmes to impede the spread of the virus. India started its own manufacturing of COVID vaccines and sought help from other nations and international donors to provide vaccines for all citizens

Each state was given the responsibility to make sure that vaccination camps were held at local and zonal levels and that people were being vaccinated. However, because of considerable vaccine shortages and rampant misinformation, many people were left unvaccinated and succumbed to Corona. To combat this vaccine illiteracy, debunk misinformation regarding the vaccination process, and help the state governments to control morbidity and mortality Doctors For You decided to step in



Doctors For You team along with valuable support of its donors collaborated with the district administration of 10 different states in rolling out the vaccination programmes in these regions. Around 85 vaccination centers have been established in states of Delhi, UP, Haryana, Maharashtra, Jammu and Kashmir, Telangana, Kerala, Tamil Nadu, Karnataka, Bihar, where we have successfully vaccinated about half a million population. It was felt that providing vaccines alone won't suffice to help the community and that there still was a huge need in terms of medical human resources, cold chain management, vaccine distribution and immunization activities.

That's, where Doctors For You Stepped up and provided manpower in terms of Doctors, vaccines and others resources, requires for the process of vaccination





## Vaccination: COVID-19

It is unfortunate that because of various myths regarding vaccines and lack of awareness, vaccination coverage rate remains to be very low in India. The rising cases in the country make it imperative that we not only provide resources but also educate the masses in how vaccines work. It's important to make people understand that in stimulating the body's adaptive immunity; they help prevent sickness from an infectious disease. When a sufficiently large percentage of a population has been vaccinated, herd immunity is an eventuality. This Herd immunity protects those who may be immune-compromised and cannot get a vaccine because even a weakened version would harm them.

Today, we know that to win the fight against Corona, vaccination is the most effective tool along with following other Covid Appropriate Behaviour. Contributing to the vaccination drive in India is our biggest priority right now and we are hopeful that through increasing vaccinations, fostering awareness through outreach programs, humanitarian relief efforts, and critical donations of medicines and needed equipment, India will steadily recover from this crisis



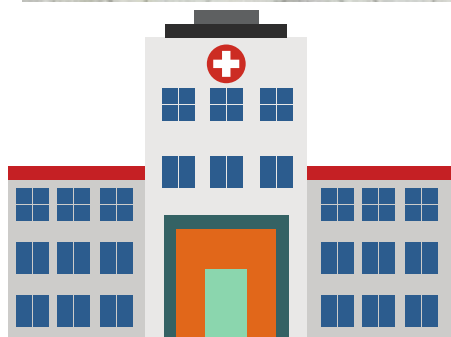


## Protect the Protector Campaign

Both the waves of Covid 19 have been really aggressive in India. The high virulence of this virus has affected millions and a large number of people have succumbed to death. During this time, protecting ourselves by following appropriate covid behavior is not just the way out to protect oneself but also is a measure to care for others by preventing the spread of the virus



While India prides itself as the largest producer of PPE kits worldwide, concerns regarding the quality of the PPEs have been raised from time to time. Our health care workers were dedicated to saving as many lives as possible. It also became evident that their own lives were at stake because of very poor-quality personal protection kits being provided to them. Complaints of inferior quality PPE kits were received from doctors posted on COVID duty in hospitals that cater to large crowds on a daily basis such as AIIMS, LNJP, etc. It was in that crucial time that DFY procured over-priced PPE and donated around 1000 PPE's in LNJP hospital for the safety of doctors, nursing, paramedical staff, and another front-line worker. So far, the organization has procured high-quality personnel protective equipment and supplied to the Government hospitals of worth 20 crores from quality suppliers.



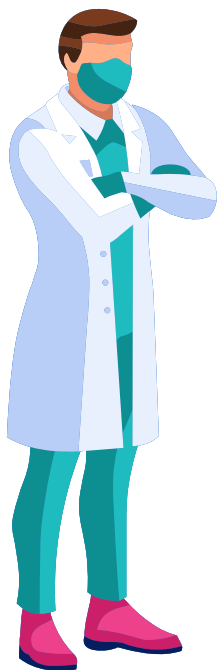
## Protect the Protector Campaign



**PPE material support to All India Institute of Medical Sciences (AIIMS), Delhi**



**Supported PPE materials in Maulana Azad Medical College (MAMC), Delhi**



**PROTECT  
THE PROTECTOR**  
a DOCTORS FOR YOU Initiative



**Supported with PPE materials Rajiv Gandhi Super Speciality Hospital, Delhi**



**Supported with PPE materials Sharadaben Municipality Hospital, Ahmedabad**



## Protect the Protector Campaign

### Campaign Reach

Sl. No.	Hospital/Quarantine Centre Support	Location
1	AIIMS	Delhi
2	Safdarjung hospital	Delhi
3	Lok Nayak Hospital	Delhi
4	Bihar Bhawan	Delhi
5	Rajiv Gandhi Super Speciality Hospital	Delhi
6	Mahajan Care	Delhi
7	Sarojini Hospital	Delhi
8	Lady Hardinge Medical College (LHMC)	Delhi
9	RML Hospital	Delhi
10	BSA Hospital	Delhi
11	DDU Hospital	Delhi
12	GTB	Delhi
13	Hindu Rao Hospital	Delhi
14	CGHS Shakur basti- Rani Bagh	Delhi
15	CMO office Pulwama	JnK
16	Srinagar - CD	JnK
17	Jan Swastha Sahayog, Ganiyari	Chhattisgarh
18	Christian Hospital Bissam, Cuttack	Odisha
19	Jan Chetana Manch, Chandankiyari	Jharkhand
20	Swastha Swaraj, Bhawanipatna	Odisha
21	Sambhavana Trust, Bhopal	Madhya Pradesh
22	Shaheed Hospital, Dalli Rajhara	Chhattisgarh
23	M East ward, Mumbai - Transit	Mumbai
24	Medical College, Madhepura	Bihar
25	Masari	Bihar
26	Primary Health -Chengalpet	Tamilnadu
27	Shatabdi Hospital	Maharashtra
28	Maa Hospital	Maharashtra
29	JJ Hospital	Maharashtra
30	TISS Quarantine Centre	Maharashtra
31	KJ Somaiyya	Maharashtra
32	Nair Dental Hospital	Maharashtra
33	KEM Hospital	Maharashtra
34	Sewri Wadala Municipal School	Maharashtra
35	Gudivada Hospital	Andhra Pradesh
36	Machilipatnam Hospital	Andhra Pradesh
37	Sharadaben Municipality Hospital	Gujarat
38	Dr. Baba Sahib Ambedkar Medical College and Hospital	Gujarat

## Support to District Administration





## Community Outreach

The concern was not just the morbidity and mortality associated with Covid illness but also the spread of misinformation, fear, and panic being created in the minds of certain communities, and also the stigma attached with has led to a divide between different sections of society. It became evident that unless we have social interventions to deal with the stigma and fear, chaos would ensue. Understandably so, certain behavioral and social interventions were sought after to change the graph of mortality and morbidity due to COVID



In this regard, Community outreach activities such as awareness programs or sensitizing programs can help a lot in achieving a specific goal. When done with proper strategy and planning, the desired outcome can be easily achieved. Behavioral and social interventions have become an essential component of efforts to mitigate the effects of outbreaks. Intervention strategies for prevention, control, and mitigation of outbreaks heavily rely on intersectoral coordination/collaboration, community engagement, community participation, and Ownership.



To tackle these issues, DFY team collaborated with UNICEF in certain states like Punjab, Delhi, Uttarakhand, Mumbai, etc. for the promotion of COVID Appropriate Behavior(CAB) through Risk Communication and Community Engagement Activities (RCCE).

It involves community members including local front-line workers such as ASHAs, ANMs, Aganwadis, religious leaders, local leaders or any influential member who has a strong connect with heror his people/ community to provide them with guidance and counseling on following Covid Appropriate behaviour guidelines.

## Community Outreach

The activity becomes even more essential, to control the situation because it enlightens the community to make a wise decision as to how they can stop the spread of the virus, protect themselves and influence others for same with the right information in hand.

The project has contributed towards improving the community's behavior to adopt and maintain COVID appropriate behavior and along with uptake of COVID vaccine services to reduce the impact of COVID-19. This approach is expected to result in both improved service uptake, better service quality, and improved knowledge of and intent to practice the behaviors. For the same purposes of spreading awareness amongst masses, the concept of Covid AwarenessVan has been executed in various villages and peri-urban areas of these states to spread awareness amongst the communities and share real-time solutions

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**Consistent reinforcement of awareness activities and correct information need to be propagated from experts/doctors/government among community to address the misconceptions about Covid 19 and curb spread of fear/panic among masses due to false/fake news, concerning the Covid pandemic.**



## Prevention and Ration Kit Distribution

The threat of coronavirus disease caused by a novel coronavirus SARS-Cov2 is becoming a life-threatening situation across the globe. In the affected countries and regions, numerous measures have been taken to reduce person-to-person virus transmission as well as to curb the outbreak. In the case of infectious pandemics like this, prevention is always better than cure. At a time when our country is battling the second wave of COVID-19, DFY distributes ration kits to needy people in multiple cities and villages in India whose livelihood is hit hard by the lockdown. The beneficiaries of food kits were mostly dependent on daily business activities including labour work and selling vegetables. After the number of cases increased, the government imposed a lockdown. But it is going to be very difficult for those who earn their livelihood on a daily basis.

During the first and second wave where COVID-19 is a pandemic is a big problem for the entire world but the hunger is the bigger problem so, Doctors for You provided ration kits along with prevention kits for the people in society. The specific focus of preventive measures is more on the susceptible population of children and older people. Many people practice safety measures without proper knowledge as to whether these measures are sufficient or not to prevent the spread of the virus. It is therefore highly relevant to be aware of the preventive measures for Corona to practice it effectively.



India has the highest number of food-insecure people in the world, according to the State of Food Security and Nutrition in the World (SOFI) report, 2020. Food insecurity also increased 3.8 percentage points between 2014 and 2019 in the country, the report added.

The lockdowns during the novel coronavirus disease (COVID-19) pandemic heightened the food crisis for the informal sector workers in India.

The loss of income, acute food shortage and bare access to healthcare during the pandemic has not only turned their lives upside down but also has amplified the deep-rooted structural disparity in our country, several studies have claimed. The lockdowns during the novel coronavirus disease (COVID-19) pandemic heightened the food crisis for the informal sector workers in India.

During the first wave of COVID-19, migrant laborers made headlines. But in the second, the shortage of vaccines and oxygen cylinders took over the news cycle. Thus, the critical need for food among the poor was left overlooked when it needed an overhaul.

## Prevention and Ration Kit Distribution



## Training and Capacity Building

Right from the inception of the Covid crisis, DFY has been very conscious of the need to have a trained staff that is prepared to manage any complication. For best patient care, it's a mandate to have our resources ready and to have the knowledge of using those resources. During the pandemic, our doctors, nurses, and other staff have been trained in various capacities. From managing mild patients in a Covid care setup to taking care of critical patients in ICU, multiple trainings have been conducted over this past year.



A team of doctors and nurses were initially trained and equipped to manage Covid-19 and its associated complications. Over time, a series of multiple sessions were organized by specialists to help doctors learn how to manage other comorbidities and emergencies which might occur in Covid wards like Myocardial Infarction, seizures, Diabetic Keto Acidosis etc.

Nursing Orderlies were given hands-on training on managing, handling, and replacing oxygen concentrators & cylinders for patients on oxygen support and comforting the patients by empathetic behaviour by the technical team, experts, doctors and supervisor. Capacity-building exercises for Housekeeping staff were done on maintaining hygienic conditions at CCC, sanitising, disinfecting the area regularly, and managing Bio-medical waste by the team of dedicated doctors and their supervisor.

It's very important for us to create a healthy & happy ambience at the facility to help patients recover fast and this hands-on training not only help patients but also build a sense of confidence in doctors, nurses, staff etc. to perform their duties without any hesitation or delay. Through the training and capacity building exercises, we have been able to facilitate positive and constructive interaction with patients and have given them a feeling of extended family culture.



This training comprised of details to the staff regarding Covid appropriate behaviour including self-protective measures. This included teaching the staff the correct way of wearing, removing, and proper disposal of PPE kits and other protective wear



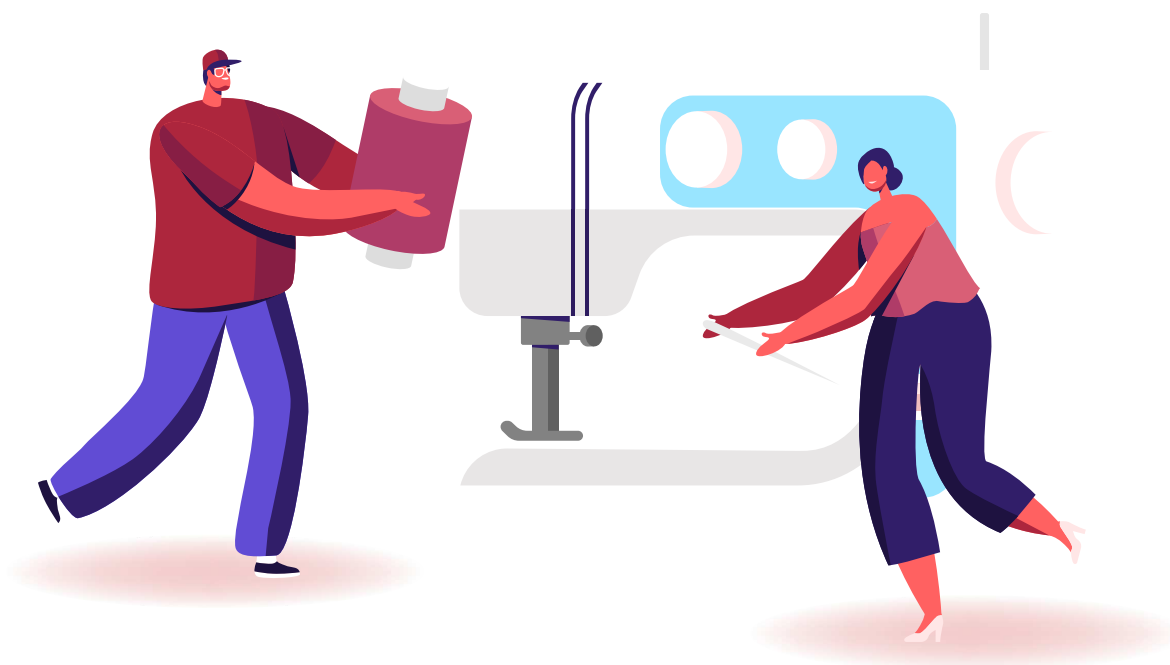
## Production of Prevention Kit Materials



### Production of kit material at Linen for life and Soap For Hope centers

Kamla in Alleppey, Soni in Sitamarhi and Kavita in Damoh are busy making masks to protect thousands from coronavirus and at the same time are supporting their family financially during the lockdown period.

Doctors For You have joined hands to ensure that masks — a very essential means of protection from infection reach everyone in the country, so DFY provides training to women, The move has not only helped in protecting others but has also given livelihood opportunities to several women especially during the period of lockdown when most of them from the unorganized sectors have lost their jobs.



# Media Coverage on COVID-19

- Dr Rajat Jain President on NDTV Q&A  
(<https://www.facebook.com/102527030797/posts/10158622259220798/?app=fbl>)
- Dr Rajat Jain on NDTV Right Left & Centre  
(<https://youtu.be/mbQ4602MPVY>)
- CM of Delhi Shri Arvind Kejriwal visits Shehnai Banquet Hall which is now a 100-bed emergency COVID centre  
(<https://www.youtube.com/watch?v=MmFg13GPecg>)
- Delhi Commonwealth Games Stadium Turned To COVID Centre with 600 Beds  
(<https://youtu.be/6kYdofjCtiU>)
- Dr. Rajat Jain on Aaj Tak discussing about Commonwealth Games COVID Centre  
(<https://www.youtube.com/watch?v=Dk-l4wr679w>)
- <https://www.etvbharat.com/hindi/delhi/state/new-delhi/manish-sisodia-inspected-COVID-19-care-center-at-cwg-village-in-delhi/dl20200707211539266>
- <https://twitter.com/AapActive123/status/1280467393014149120?s=08>
- Deputy CM Manish Sisodia mentioning about DFY contribution in COVID response  
([https://youtu.be/R2ITBhOQ\\_8s](https://youtu.be/R2ITBhOQ_8s))
- <https://twitter.com/ArvindKejriwal/status/1279632486801084416?s=19>
- <https://www.cnn.com/videos/world/2020/07/03/india-coronavirus-worlds-biggest-field-hospital-pkg-sud-intl-hnk-vpx.cnn>
- <https://m.timesofindia.com/city/delhi/we-worked-in-healthcare-and-it-shows-delhi-deputy-cm-manish-sisodia/articleshow/76720751.cms>
- <https://thewire.in/government/mumbai-m-east-ward-slum-coronavirus-lockdown-children-impact>

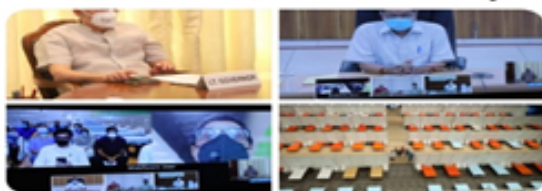


CM Arvind Kejriwal and deputy CM Manish Sisodia at a Care Centre set up at Shehnai Banquet Hall near Lok Nayak hospital on Wednesday. ARVIND YADAV/HT PHOTO



Tweets Tweets & replies Media Like:

My appreciation for DDMA & 'Doctors For You' (Volunteer group of Doctors NGO) for establishing this centre in record time of 6 days.



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It's an excellent example of government-civil society collaboration. I am confident it will strengthen Delhi's fight against Covid-19.

